I like lots of data so I have set my Contactually to keep some information in custom fields. This is information I find handy to have, but I can also use it in email templates by adding the custom fields into those templates. To add custom fields, go into Settings under your picture in the upper right corner. Custom Fields is about halfway down on the list on the left. You can add any custom field you want, but these are the ones I recommend.

Salutation	Drop Down	Mr.
		Ms.
		Mrs.
		Miss.
		Dr.

Spouse Full Name	Text Area
Spouse Full Name	Text Are

Spouse Last Name Text Area

Children Text Area

Childrens' First Names Text Area

Other Relatives Text Area

Pets with Description Text Area

Pets' Names Text Area

Referred By Text Area

Referred By For Merge Text Area

Referred To Text Area

Referred To For Merge Text Area

Description Text Area

New Home Anniversary Text Area

Source Text Area